

BCMEA 2018
"Step Pattern Tapping"
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Learning Standards (Grade 4-7)

Notation in music and dance to represent sounds, ideas, movement, elements, and actions.

Music: beat/pulse, metre, duration, rhythm, tempo.

Warm-up:

1. Lay in an X on the floor to gently warm up the body in a calm and safe way. I also use this time to review **body shapes**.

(Song Selection: Be More Kind- Frank Turner)

Rhythm Cards:

Use pre printed rhythm cards of your choice.

1. Have students 'tap' rhythms on their forearms.
2. Have students speak rhythms using 'pie' or any spoken rhythm.
3. Stand in a circle and have students step rhythm cards, once students are fluent at stepping the rhythms have them step each card 3 times, walk to the right for 4 beats and then begin the new card.

Tap Dance Rhythms:

1. Assign each group a contrasting song.
2. Have each group listen to their song and determine the tempo/beat.
3. Students select 4-6 rhythm cards that compliment their song.
4. Students work together to create a 'tap' piece using their song and their rhythm cards.

Suggested Songs:

"C OKay"- LGS

"Puttin' On the Ritz"- Herb Alpert

"Give Love"- Andy Grammer

"Less Talk, More Art"- KOIL

"Stampede"- Alexander Jean